**APBC Reflective Accounts Form**

Please use this form to record written reflective accounts on all self-directed and non-certified learning and training that you are submitting for APEL and how this relates to the knowledge section (eg Animal Health and Welfare) of the standard. Use one form for each knowledge section, making sure you do not include any information that might identify a specific client, service user, colleague or other individuals.

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| **Name: APEL Applicant 9**  **Knowledge section - K&U number(s): Clinical Procedures 17** |
| **What was the nature of the activity?** |
| A 2-day classroom based IMDTB course on resource guarding. |
| **Why did you choose to undertake this activity?** |
| It was part of my CPD and I am keen to continue learning whenever possible. |
| **What did you learn from this activity?** |
| How resource guarding can be defined and how genetics and breed can affect the propensity for resource guarding. How individual temperament, motivation and reinforcement can affect the responses. Again consideration of the emotional circuits and how these impact behaviour, such as fear, rage, frustration. Also consideration of stress and the chemical involved and the relation to anxiety. The importance of risk analysis when dealing with aggressive responses and overview of the bite scale and how it should be taken into account when considering the risk for potential harm, predictability, as well as the dogs current environment and situation. How it is important to rule out medical issues and to consider the impact of environment such as unintentional reinforcement by owners. How medication and diet can be used in behaviour modification plans. How to conduct consultations safely and how to apply a variety of behaviour modification protocols to resource guarding cases. |
| **How did you change or improve your practice as a result?** |
| I ensure I take time to grade the resources with the owners from safe, mild, medium and strong triggers and get owners to describe the reactions they see, where is takes place, if it takes place every time and the predictors to the response. This is a nice visual way for owners to understand how the behaviour of their dog and themselves are both important.  How I consider the safety and situation presented and how this will determine if I refer the case on to another more experienced behaviourist. I strongly believe in giving the dog and the owners the best option for success and I recognised that sometimes this will not always be possible in some environments and situations and rehoming may need to be considered in some situations. |